

# InterKnit Machine Knitting Guild

## Education Series

### SERIES ONE: CAST ON'S & BIND OFF'S

Need to learn or improve the basics of machine knitting? As a beginner, you may feel overwhelmed by the variety of options and terms that are available to you as a knitter, this series of exercises will help you become better at your new craft. Need a review or have a new machine and want to break it in? Complete the exercises to become familiar with your newest machine and show your advancement. Challenge yourself!

#### **Series 1:**

The first set of exercises and samples will use Diana Sullivan's video, "Beginning Machine Knitting course available at [www.diananatters.blogspot.com](http://www.diananatters.blogspot.com), or on you tube under Beginning Lessons at [www.youtube.com/user/dianaknits/playlists](http://www.youtube.com/user/dianaknits/playlists) You will be knitting swatches for each of the following:

1. Open cast on
2. E wrap cast on
3. Diana's cast on
4. Latch tool cast on
5. Plain hem
6. Mock Rib hem
7. Picot hem
8. Shortcut Picot hem
9. Latch tool bind off
10. Tapestry Needle bind off
11. Tapestry Needle bind off #2
12. Loop thru loop bind off
13. Crocheting to Cast off
14. Transfer tool chain edge BO
15. Holey bind off

Using different yarns create the following samples with a 20x20 or 30x30 stitch gauge swatch:

SAMPLE 1: E-WRAP cast on with a LATCH TOOL bind off

SAMPLE 2: DIANA'S cast on with a TAPESTRY NEEDLE bind off #1

SAMPLE 3: LATCH TOOL cast on with a TAPESTRY NEEDLE bind off #2

SAMPLE 4: PLAIN HEM with a LOOP THRU LOOP bind off

SAMPLE 5: MOCK RIB HEM with a CROCHETING TO CAST OFF

SAMPLE 6: PICOT HEM with a TRANSFER TOOL CHAIN EDGE bind off

SAMPLE 7: SHORTCUT PICOT HEM with a HOLEY bind off

Additional Challenge: Design and create scarves, sweaters, skirts or similar items using the cast on and cast off methods (Christmas will be here before you know it).

**Organization:**

Determine your swatch size, marking methods and blocking methods.

Create your own sheet for your samples (example included).

List steps or hints (optional)

List yarn size, fiber content, yarn name, machine, and tensions.

Store your samples for reference. (ideas: flipbook, box, notebook, etc.)

Submit your swatches for evaluation; certificates will be awarded as you progress during the series.

The next set of exercises will be announced in November (or you can work ahead with the video).